

GENERAL PRE-HEALTH TIMELINE

YEAR	ACADEMICS	ACTIVITIES
Freshman	Schedule courses for the year which include a	

<p style="text-align: center;">Sophomore</p>	<p>Continue to pursue required coursework as defined in the sources mentioned for freshman year.</p> <p>If you have some preliminary idea of a major, you may wish to explore an upper level course in that department, though perhaps second semester rather than first.</p> <p>Declare a major by the end of spring semester. You may change it at any time, but you need to have something put down by that time (university requirement).</p> <p>You may wish to begin meeting with the Pre-Health Advisor to discuss your interests, academic progress, etc. with respect to being a future health professional.</p> <p>As a way of gaining both academic credit as well as exposure to a profession, consider applying for a CDC internship for fall or spring.</p> <p>Begin to focus on a particular health profession and any specific/unique academic preparation it requires.</p>	<p>Continue with activities you found rewarding freshman year, but also explore new ones.</p> <p>As you pursue your activities and interests, do something extra (beyond what you did freshman year) to foster new skills, abilities, etc. on your part.</p> <p>As you begin to define your health professions interest, you may wish to join one of the campus organizations which represent that health profession.</p> <p>CDC internships (see Academics Column).</p> <p>For summer activities, you may wish to explore internships which focus on your particular health professions career. These are sponsored by a variety of agencies and lists are available in academic departments, the Pre-Health listserv, and the CDC.</p> <p>Through activities and academics, begin to focus on a particular health profession.</p> <p>Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year.</p>
<p style="text-align: center;">Junior</p>	<p>Declare a major if you haven't already done so</p> <p>Complete remaining general education requirements so you can focus on your major requirements.</p> <p>Complete your particular set of pre-health requirements.</p> <p>If you have more than one academic interest, consider doing a minor or perhaps a double</p>	<p>Continue with activities you found rewarding in earlier years, but also explore new ones.</p> <p>As you pursue your activities and interests, do something extra (beyond what you did earlier) to foster new skills, abilities, etc. on your part.</p> <p>Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class</p>

